



# EMF Balancing Technique® TRAINING / PERSONAL GROWTH Universal Calibration Lattice (UCL)

## Do You Want to Work With Your Energy Anatomy?

Human consciousness is evolving and that evolution is reflected within our energy anatomy.

The Universal Calibration Lattice (UCL), a system within the energy anatomy, is radiating from the very core of our being. This Work Shop is an experiential introduction to the understanding of how the UCL impacts our consciousness and our ability to co-create our most enlightened life!

**This 1-day Work Shop stands alone as a valuable experience. It is also the first step in the Personal Growth Training and the first step to becoming an EMF Balancing Technique® Accredited Practitioner.**

I am looking forward to seeing You!  
Aloha and Namaste  
Your EMF Balancing Technique® Specialist in Rueti ZH

Regina Kuster Reich  
Supervisory Teacher I-IV and Accredited Practitioner I-VIII

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## UCL- Work Shop – Universal Calibration Lattice

**Duration:** 1 day

**Prerequisite:** none – open to all



### UCL Work Shop Course Objectives

#### Intent

The course objectives provide an overview of the key areas in your EMF Balancing Technique® training. Each Work Shop is taught with love, respect and compassion.

### Materials You Will Receive in the Class Dates and Conditions

#### Morning

A fast paced and informative overview of the Universal Calibration Lattice®, what it looks like and how it works.

Understand the calibration process and the new dynamics of energy. You can apply this information in a practical way to enhance your individual growth and accelerate your evolution. Become aware of and recalibrate common dynamics of energy!

#### Afternoon

An afternoon of activity and energetic alignments honoring your unique pattern of wholeness.

- Learn the Alternating Sweep, an exercise of clear co-creation.
- Practice transmitting energy across the room or around the world.
- Learn to give and receive an empowering loving and nurturing EMF Balancing Technique® Introductory Energy Session.
- Experience the Sensing Exercise with a training partner.

#### Key Learning Points

- The Theory of the Universal Calibration Lattice
- Theory of the Spiral Sweep
- Theory of Sacred Templates
- The Alternating Sweep
- The Energy Activation Symbol
- The One Minute One Step Rush
- Introductory Energy Session
- Amplifying Energy With Your Eyes Exercise (Optional)

#### What You Will Be Able to Do

- The Spiral Sweep
- The Alternating Sweep
- Amplify Energy with the Energy Activation Symbol
- Amplify Energy with the One Minute One Step Rush
- Give Introductory Energy Session
- Amplifying Energy With Your Eyes Exercise (Optional)

UCL Workbook

Please see separate leaflet or contact me. Thank you.