



# EMF Balancing Technique® TRAINING / PERSONAL GROWTH Evolution of Consciousness: Training UCL, Phases I – IV

## What Can You Expect From a Training in the EMF Balancing Technique®?

The EMF training increases your "energetic sensitivity" and accelerates the personal growth process. Learning and interpreting this energetic language provides a profound and new service as it opens the door to the untapped wisdom of the human energy body in a gentle, powerful, nurturing way.

During the training, you receive a direct alignment with the energy pattern associated with each phase of the work. This powerful alignment allows the training to be completed in a short amount of time.

You learn how to guide and allow the subtle flow of electromagnetic energy as it helps to balance the energy patterns of the recipient as well as your own energy patterns.

The information presented and the sessions learned in this training complement and amplify any other modalities you may already be practicing.

## Which Sessions Will You be Able to do After the Complete 6-day Personal Growth Training (UCL Work Shop, followed by Phases I-IV Training)?

You will be able to perform nine different energy sessions:

1. Introductory Energy Session (being part of the UCL Work Shop)
2. Phase I session
3. Phase II session
4. Phase III session
5. Phase IV session
6. Phases I & II combination session
7. Phases III & IV combination session
8. Phases I & IV combination session
9. Distance sessions for Phases I-IV

## Can I Attend the UCL Work Shop and Continue the Training at a Later Stage?

Yes you can – spend the day at the UCL Work Shop as a stand alone or as a basis for further training at a later stage. In any case the UCL Work Shop is a valuable experience.

## What if the Suggested Dates do not fit Your Schedule?

Please contact me on [practice.sanitani@kusterreich.ch](mailto:practice.sanitani@kusterreich.ch) or +41 79 8710 12 71. For 2 or more participants I will organise a Work Shop and I trust that we will figure out a suitable date.

Each Work Shop of the training is taught with love, respect and compassion. I am looking forward to seeing You!

Aloha and Namaste

Your EMF Balancing Technique® Specialist in Rueti ZH

Regina Kuster Reich  
Supervisory Teacher I-IV and Accredited Practitioner I-VIII

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# EMF Balancing Technique® TRAINING / PERSONAL GROWTH

## Evolution of Consciousness: Training UCL, Phases I – IV

### UCL- Work Shop – Universal Calibration Lattice



**Duration:** 1 day (stand alone possible)

**Prerequisite:** none – open to all

### Training Phasen I – IV Evolution of Consciousness



**Duration:** 5 days

**Prerequisite:** Completion of UCL Work Shop

#### ***Phase I – Wisdom and Emotions***

'feel with the head and think with the heart'

Balance head and heart areas.

#### ***Phase II – Self Direction and Self Support***

Transform Experiences from the past and recalibrate.

#### ***Phase III – Radiate Core Energy***

Be present and hold your core of power in daily life.

#### ***Phase IV – Energetic Accomplishment***

Accept your own history. Allow future potential energy to manifest through the prism of Personal Potential.

### Materials You Will Receive in the Class Dates and Conditions

**Morning** – A fast paced and informative overview of the Universal Calibration Lattice®, what it looks like and how it works.

Understand the calibration process and the new dynamics of energy. You can apply this information in a practical way to enhance your individual growth and accelerate your evolution. Become aware of and recalibrate common dynamics of energy!

**Afternoon** – An afternoon of activity and energetic alignments honoring your unique pattern of wholeness.

- Learn the Alternating Sweep, an exercise of clear co-creation.
- Practice transmitting energy across the room or around the world.
- Learn to give and receive an empowering loving and nurturing EMF Balancing Technique® Introductory Energy Session.
- Experience the Sensing Exercise with a training partner.

This evolution of consciousness is accomplished by having a hands on experience of the first four phases of the EMF Balancing Technique®.

All students will receive each of the four phases during the training and will also perform each of the four phases during the training.

Balances the head and the heart, resulting in stress reduction and providing an energy pattern of freedom and well being. Feel the energetic balance, and nurture the connection between the head and the heart. Involves verbal permission from the recipient to participate in and allow for the balancing process.

This session gracefully releases the energy blockage of old emotional issues and promotes awareness of your Prism of Personal Empowerment. This session encourages you to see your history as being supportive in your growth, no longer an anchor that holds you back.

Gracefully releases emotional issues. The resulting new perspective promotes awareness of direction and support from within the Self, making more energy available to you now.

Radiating of the core energy allows your inner wisdom to manifest more frequently in your daily life. Being aware of your core energy encourages you to stand in your truth.

Allows the knowing from within to become more frequent. Aligns energy centers, allowing greater expression through the heart center. Hold your core of power in daily life.

In this "final" balancing, a connection and communication with your future self is established through the Prism of Personal Potential, allowing future potential energy into the manifestation of present reality. Balance through the Prism of Personal Potential, a dynamic, creative connection and communication with future self.

For UCL and each Phase: Workbook

Please see separate leaflet or contact me. Thank you.