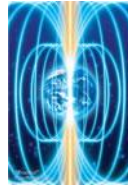




EMF Balancing Technique® – Phases I – VIII

The Themes of the Phases I – IV



Phase I – Wisdom and Emotions
'Feel with the head and think with the heart'

This session releases stress and establishes a new pattern of freedom and well-being. Experience the energetic balance between head and heart.

Phase II – Self Direction and Self Support

This session gracefully releases the energy restraints of what we call the past, and promotes awareness of Self direction and Self support.

Phase III – Radiate Core Energy

The radiating of core energy encourages the increased flow of spiritual intelligence into your daily life. Experience new understandings and insights into your soul's unique expression.

Phase IV – Energetic Accomplishment

In this balancing, a connection and communication with future self is established through the Prism of Personal Potential, channeling future potential energy into the cocreation of present reality.

Overview of an EMF Balancing Technique® Session Phases I – IV

Each time a session is offered, it is as unique as a fingerprint.



The balancing of the energy field begins as you lie comfortably on a massage table. First, the field is "prepared" as universal energy flows from the specialist's hands and through your energy anatomy. This may create a warm, tingling, relaxed sensation.

Then the "clearing" process begins as the fibers of energy are stretched. A feeling of strings of energy being gently pulled is not uncommon. This is part of the calibration process within the energy system of the Universal Calibration Lattice.

Next, during the "balancing" process, the specialist places the hands on several energy centers. This touch often creates perceptible temperature changes within the body and leads into the final adjustments or "closing" of the energy session.

At the completion of the session, you receive a journal page to take with you. The journal also contains questions for your consideration.

The method is called EMF Balancing Technique®. You find more details on the international website: www.emfbalancingtechnique.com.



EMF Balancing Technique® – Phases I – VIII

The Themes of the Phases V– VIII



The energy and color of all the templates in Phases V-VIII is platinum, signifying a catalytic element that contributes to the accelerated resonance of the Crown Center.

Phase V – Template of Infinite Love

The Phase V template encompasses an area that includes the Heart Center, High Heart Center, the throat, all the small energy vortices around the mouth, and the center on the tip of the nose.

Phase VI – Templates of Infinite Compassion

There are two separate templates in Phase VI, one for each hand. The area that each template encompasses includes the energy center in the middle of the hand and all the small energy vortices throughout the fingers.

Phase VII – Templates of Infinite Presence

There are two separate templates in Phase VII, one for each foot. The area that each template encompasses includes the major energy center on the top and bottom of the foot, and all the small energy vortices on the soles of the feet and around the toes.

Phase VIII – Template of Infinite Wisdom

The Phase VIII template encompasses all the points of light contained within the brain, and all of the energy vortices associated with the Crown Center.

Overview of a Practice Master Session Phases V– VIII



Each time a session is offered, it is as unique as a fingerprint. Each session starts with a pictorial review of the Universal Calibration Lattice® and the energetic templates of the Phases I – IV. Then the energetic templates of Phases V – VIII are introduced.

You will be asked three simple questions for a few moments of silent contemplation and reflection. From a series of beautifully illustrated "Practice Mastery" cards, you choose those attributes of mastery that you would like to practice and strengthen.

After this, you lay on the table to receive the rest of the session. The movements performed by the specialist during this part of the session are determined by the attributes chosen by you, making each session completely unique.

After the session, you receive a journal page and a record of the session to take with you. The journal also contains questions for you to think about as you begin to strengthen your practice of mastery in everyday life.

Aloha and Namaste

Your EMF Balancing Technique® Specialist

Regina Kuster Reich